

## STRONGBOW APPOINTS PATRICK ANDERSON AS CHAIRMAN, AGM RESULTS AND NOTICE OF NAME CHANGE TO CORNISH METALS INC.

## Vancouver, July 9, 2020

**Strongbow Exploration Inc.** (TSX-V: SBW) ("Strongbow" or the "Company") is pleased to announce that Mr. Patrick Anderson has been appointed as Chairman of the Board of Directors of the Company. Mr. Anderson is currently CEO and Director of Dalradian Resources, which is advancing the Curraghinalt gold project in Northern Ireland towards production. The Company extends its deep gratitude to Mr. Grenville Thomas for his valued contribution over many years as Chairman. Mr. Thomas remains as a Director.

The Company also reports the results of the 2020 Annual General Meeting held July 8. Proxies representing 67,909,308 shares (50.75% of the issued capital) were voted.

Voting results are summarized below:

MOTION	No of shares FOR	Percentage of Votes cast FOR
Number of Directors (5)	66,729,018	99.99%
Kenneth Armstrong	66,663,952	99.89%
Grenville Thomas	66,735,952	100.0%
Richard Williams	66,728,952	99.98%
Patrick Anderson	66,738,952	100.0%
Don Njegovan	66,738,952	100.0%
Appointment of Auditors	67,906,308	100.0%
Approval of stock option plan	66,722,817	99.98%
Name change to Cornish Metals Inc.	66,593,888	99.78%

The name change to Cornish Metals Inc has been approved by shareholders and is expected to take effect from July 27, 2020, subject to regulatory approvals.

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## ON BEHALF OF THE BOARD OF DIRECTORS

"Richard D. Williams"

Richard D. Williams, P.Geo

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